

# Faces of **Grief**



Tu Nidito Children and Family Services  
**2022 Community Impact Report**



**Tu Nidito**  
Growing Through Grief

Dear Friends:

As I look back on 2022, I think of the words, resilience and rebuilding. At Tu Nidito we welcomed our children, teens, young adults and caregivers back to the little nest for in-person support group programs. Although, we spent several months facilitating groups outdoors, our clients had the opportunity to reconnect sharing their sadness, their experience and their laughter and joy. We began to rebuild our volunteer network. Many of the college students who loyally volunteer their time with Tu Nidito families, did not return to school, having graduated or forged a new journey. We reintroduced how important volunteers are to grief support work and how rewarding the time spent with families can be.

Our Opportunity Youth peer to peer grief support group in collaboration with Metro Goodwill's Re-engagement center moved from Zoom to in-person which made a incredible difference for the youth in the program giving them the ability feel each other's grief and process in community.

Our kiddos with a serious medical diagnosis were understandably slower to return to in-person support and our hospitals remained closed to visitor, in spite of those challenges our amazing support specialists continued to provide support, comfort and hope to these kiddos and their families.

We also once again celebrated five Remarkable Moms at our 2022 Remarkable Celebration under the stars in the Mesquite Grove at Tucson Country Club which brought us back to the location of our very first Remarkable Mom event more that 20 years ago.

As I write this letter we are well into our 2023 program year. So much good is happening at Tu Nidito, our programs are thriving, we are recruiting more volunteers and our professional team is growing.

I am grateful to my team, our volunteers, our donors and our partners for all of the support your give to nourish our clients.

Yours,



Liz McKusker

# A Snapshot of...

## Those We Serve

- 443** Children served in **peer to peer support** groups at Tu Nidito
- 169** Children served through **one to one support** services
- 428** Adults served through our **continuum of programs** for children and youth
- 350** Families served
- 46** Young Adults served in **peer to peer grief support** group
- 173** Youth served through **grief response and intervention support**
- 39** Youth served at **Goodwill Metro Re-Engagement Center**
- 2,541** Adults served through **Grief Education and Grief Intervention**

## Those They Grieve

- 329** Death due to illness
- 354** Traumatic Death loss
- 31** Parent with a serious medical condition
- 108** Children with a serious medical condition and their siblings



## Who they are

Our clients represent the fabric of the communities of Southern Arizona, coming to us from **47 different zip codes** and more than **15 school districts**.

**41.50%** of the families we serve identify as **Hispanic** while **34.64%** identify as **White/Anglo** our remaining clients identify as **Black, Asian/Pacific Islander, Native American** or **Multi-Racial**.

## What they say

Our client's caregivers' complete yearly surveys to help us understand the impact of our programs and services for themselves and their children.

**100%** of those surveyed will recommend Tu Nidito's support services to another family.

**92%** shared that their child feels understood, validated and supported by Tu Nidito.

**91%** reported that their child understands that there are other children who have experienced the death of a special person which helps them feel less isolated.

**89%** of caregivers report that they feel more prepared to support their child.



## Volunteers

All of this couldn't be accomplished without our **141 volunteers** providing **8460 hours** of direct support to children, youth, young adults and caregivers, helping to ensure that **No Child Grieves Alone**.

## Our Programs

### Children to Children Grief Support

Children to Children peer to peer grief support groups are for children, teens, young adults and caregivers who are grieving the death of a special person.

### CPC Support Group

Our CPC support group is for children who have a parent with a serious medical condition.

### Pathways

Pathways is for children and their siblings who have a serious medical diagnosis providing them one to one support from a Tu Nidito support specialist.

### Opportunity Youth

Opportunity Youth is a peer to peer grief support group, in partnership with Metro Goodwill's Re-engagement Center, for youth who have been involved in the justice system and are grieving an unresolved death loss.



# A Financial Snapshot

## 2022 Revenue

### Grants and Foundations

\$539,443.49

### Contributions

\$382,551.32

### Special Events

\$218,494.52

### Net Realized and Unrealized Gains/Losses

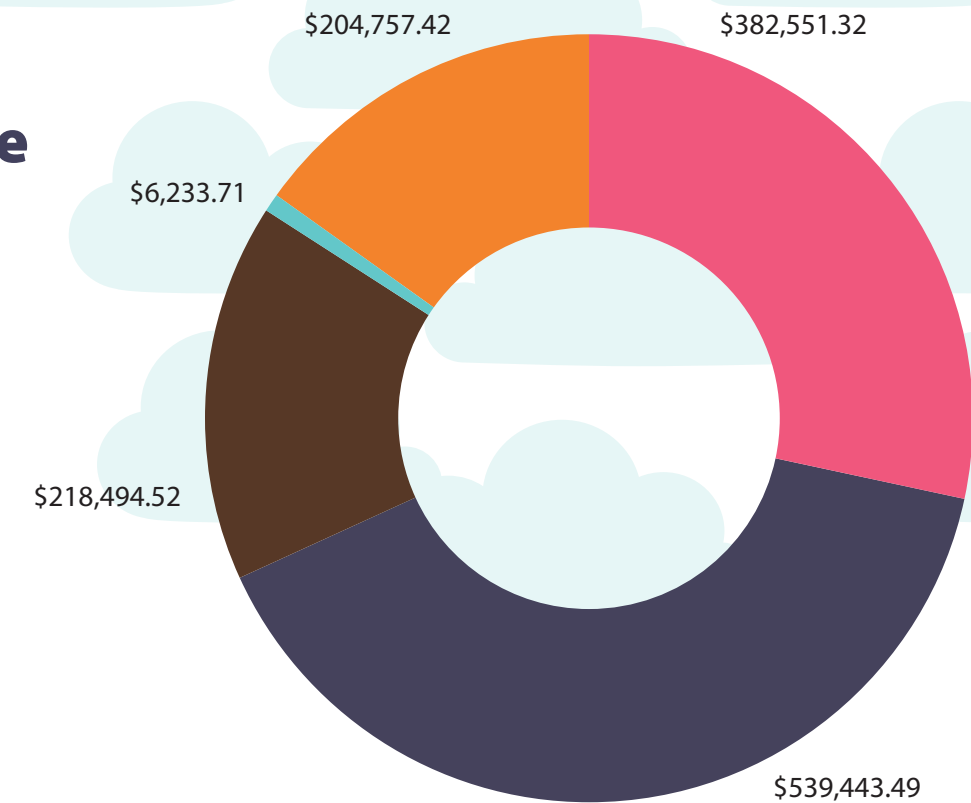
\$204,757.42

### Interest & Dividend Income

\$6,233.71

**Total Revenue:**

**\$1,004,455.62**



## 2022 Expenses

### Program Services

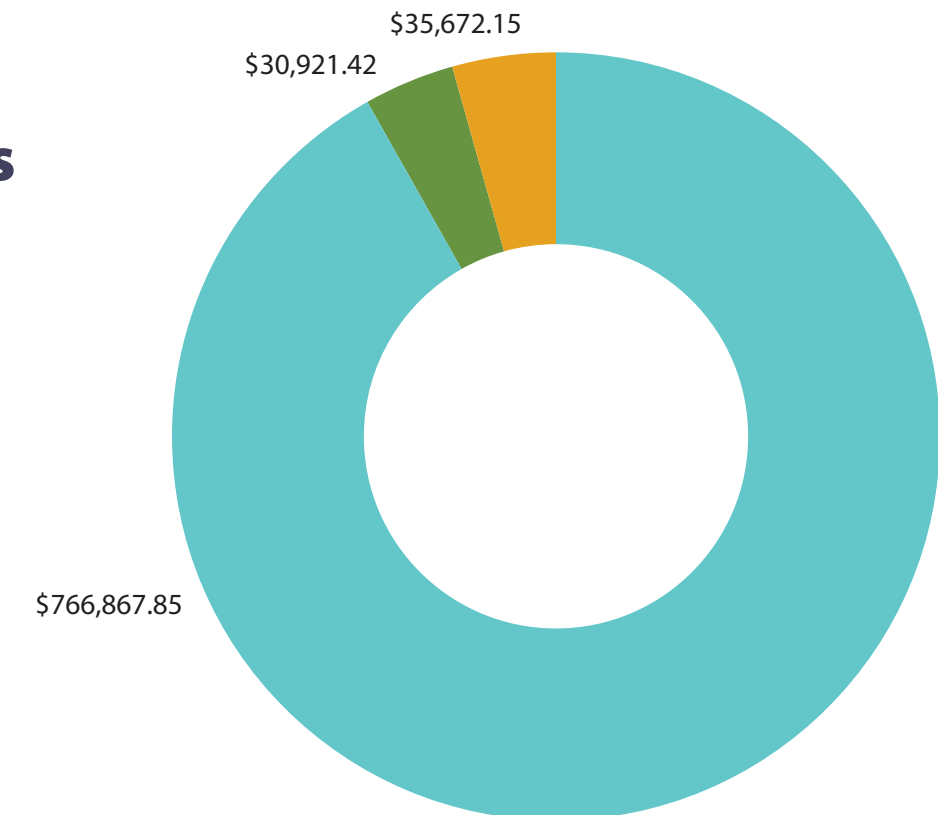
\$766,867.85

### Fundraising

\$35,672.15

### General & Administrative

\$30,921.42



*\*unaudited*

## Board of Directors

**Richard Thompson**  
*Board President*

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**Aditi Gupta**  
*Past President*

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**Heather Bachman, RN**  
*Vice President*

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*Treasurer*

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Gabriela Cervantes  
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Laura Godlewski  
Ed Moomjian, II  
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Andy Townsend  
Angelica Weber

## Executive Director

Liz McCusker